



MSC

EXCURSIONS

Discoveries designed for you

Puerto Limon

NATURAL WONDERS



THE TORTUGUERO CANAL (Code: PLI02)



Duration
3h



Explore the Tortuguero Canals on this approximately three-hour excursion. You'll be taking a boat ride and sailing through the canals, admiring the rainforest scenery of a national park and looking out for wildlife.

Excursion details

The Tortuguero Canals are set within Tortuguero National Park, a rainforest environment without any roads. The area is best toured by boat, which you'll be doing on this excursion of approximately three hours. A bus transfer of around 25 minutes takes you to Moín, a port town to the west of Limón and the departure point for your trip. There's around 10 minutes here to arrive and board your boat, before setting off on a voyage of approximately 90 minutes.

As you sail peacefully through the Tortuguero National Park's waterways, which run parallel to Costa Rica's eastern coastline, gaze out at the thick vegetation and other tropical scenery, and keep an eye out for wildlife. The national park houses over 400 species of bird, as well as more than 130 species of mammal and various reptiles and amphibians, so there's plenty to look for as you drift over the water, although sightings cannot be guaranteed.

After the canal exploration comes to an end, disembark your boat and spend around 30 minutes enjoying a snack and cold drink, and also doing some shopping (time permitting), before the excursion concludes.

Important Information: Guests are recommended to wear light clothing, sunglasses, a hat, high-factor sunscreen, comfortable walking shoes and insect repellent as well as to bring a camera, binoculars, and rainwear. Guests must be at least 6 years old to participate. Guests using mobility aids must be capable of navigating a few steps to get on and off the coach and boat. Guests with any type of food intolerance are required to communicate it to the Shore Excursions Office at least two days before the call.

Minimum number of participants required: 40
undefined (English, Italian, Français, German, Spanish)

SCENIC ROUTE



SLOTH SANCTUARY & CANOE EXPLORATION (Code: PLI24)



Duration
4.5h



Nature-lovers will enjoy this approximately four-and-a-half-hour excursion, which includes a visit to a sloth sanctuary and a canoe ride down the Estrella River. The itinerary also includes a visit to a banana plantation.

Excursion details

Costa Rica is widely considered one of the best places in the world to see sloths. This is in large part thanks to its tropical rainforests, which provide ideal habitats for two- and three-toed sloths. Meet these chilled-out creatures during this approximately four-and-a-half-hour excursion, amongst other activities.

Board your bus at the port and set out on a journey of around 45 minutes to the Sloth Sanctuary of Costa Rica, a non-profit rescue centre founded in 1997. Once arrived, guests are given time to get settled and use the facilities.

The visit begins with an introductory talk of around 50 minutes, during which you'll learn all about two- and three-toed sloths and even get to meet some. Next, embark on an approximately 50-minute canoe ride down the freshwater Estrella River, during which you can look out for some of the varied wildlife that calls the surrounding vegetation home (although sightings cannot be guaranteed).

After your canoe adventure, there's around 20 minutes to get refreshments or visit the gift shop before boarding the bus again.

A drive of about 25 minutes then transports you to a demonstrative banana plantation, where there's initially around 15 minutes upon arrival for settling in and using the bathrooms. This is followed by approximately 25 minutes for exploring the plantation, during which you'll learn about the cultivation of this important crop, from planting and harvesting to packaging and exportation. The 25 minutes also includes a short time for purchasing souvenirs, if desired.

A bus transfer of around 30 minutes then returns to the port.

Important Information: Guests must be at least 8 years old to participate. The tour offers guests an opportunity to fully enjoy the rainforest. All participating guests will be required to sign a waiver which may only be available in English. Guests are advised that wildlife sightings cannot be guaranteed, please bring a light jacket and head cap to protect yourself in to protect yourself in case of rain, insect repellent and sunblock lotion to protect from the bright sun.

Minimum number of participants required: 0
undefined (English, Italian, Français, German, Spanish)

SCENIC ROUTE



CARIBBEAN TRAIN, ECO CRUISE & COUNTRYSIDE (Code: PLI26)



Excursion details

Over approximately four hours, you'll have the chance to view the vibrant landscapes along Costa Rica's Caribbean coast, navigating the Tortuguero Canals by boat and retracing the tracks of the early founders of the country's banana industry onboard a restored vintage train.

It's a roughly 30-minute bus journey from the port to the pier in Moín, near Limón, the departure point for your boat tour exploring the Tortuguero Canals, the area sometimes referred to as "the Amazon of Costa Rica" for its tropical setting and rich biodiversity.

You'll have around 15 minutes to make your way to the dock before taking to the water for an approximately hour-long boat ride. The Tortuguero Canals are a network of natural and human-made waterways that stretch along Costa Rica's Caribbean coast. Waterfowl are abundant here, but the canals are also home to a variety of other wildlife, which you may potentially spot during your boat trip, although sightings cannot be guaranteed.

After returning to the dock at Moín, you'll have around half an hour to enjoy some fruit and even do some shopping (time permitting). Next, it's a roughly 15-minute journey to the departure point for your train ride.

You'll step aboard a restored vintage train for a journey of approximately 60 minutes through Costa Rica's tropical landscape, where the railway line played a key role in developing the country's banana industry in the late 19th century. Keep an eye out for further glimpses of the country's wildlife hidden in the dense vegetation along the tracks. At the end of the excursion, a transfer drive of 30 minutes or so returns to the port.

Important Information: Guests with any type of food intolerance are required to communicate it to the Shore Excursions Office at least two days before the call. Guests are recommended to wear comfortable closed walking shoes, high-factor sunscreen, insect repellent, light clothing, a hat/sun visor as well as to bring a camera and rainwear.

Minimum number of participants required: 40

undefined (English, Italian, Français, German, Spanish)

SCENIC ROUTE



VERAGUA RAINFOREST & AERIAL TRAM (Code: PLI32)



Excursion details

Discover the Veragua Rainforest in an excursion lasting approximately five and a half hours, which includes gliding above the jungle on an aerial tram and walking to a waterfall.

It's an approximately one-hour journey from the port at Limón to Veragua, a nature reserve that offers a mix of wildlife education and conservation experiences for visitors. Once you've reached the park you'll have about 15 minutes for an introduction at the Welcome Center. Then there's around 75 minutes to get better acquainted with the inhabitants of the reptile and frog exhibits, which range in size from large bullfrogs to amphibians as small as your fingernail. The Butterfly Garden is another highlight, where the blue morpho is the star of the show.

Following this, you'll take to the air in the park's sky gondola - an aerial tram ride. You'll walk to the top station then glide down through a canopy of trees in an experience that lasts around 15 minutes.

After disembarking at the lower station, it's time to explore the rainforest on a nature walk. There are a couple of alternatives here: take the hiking route to see the 20-metre-high Puma Waterfall or - for wheelchair users and those who prefer walking on a flat surface - follow the Trail of the Giants, which takes its name from the huge trees you pass on this raised wooden walkway.

Whichever route you choose, you'll have around 30 minutes to explore before returning to the lower gondola station for your journey back up through the trees to the top station, which takes about 15 minutes.

There's then time for an approximately 20-minute visit to the reserve's research station, before making your way to the venue's cafe to spend around 45 minutes enjoying a light lunch (included in the excursion cost) and souvenir shopping.

Finally, there's a brief journey back to the Welcome Center, before boarding the bus for your approximately hour-long return journey to the port.

Important Information: The tour order may vary depending on the arrival time and the number of guests at the Venue. Guests with any type of food intolerance are required to communicate it to the Shore Excursions Office at least two days before the call. Guests are recommended to wear comfortable closed walking shoes, light clothing, high-factor sunscreen and a hat/sun visor as well as to bring a camera and rainwear. The tour is considered to be unsuitable for pregnant women. Some portions of the roads encountered on the tour may be bumpy and unpaved. Reaching the Puma Waterfall involves using a total of 350 steps (both ways) and walking on an uneven dirt track. This portion of the tour is optional and might be unsuitable for guests with mobility problems. An alternative river path is available that does not require the use of steps. The Veragua Rainforest Eco-Adventure is suitable for guests using a walker, manual wheelchair or a collapsible lightweight electric scooter (100 lbs/45 kg or less). Guests using such mobility aids must be capable of navigating a few steps to get on and off the coach. Wheelchairs or electric scooters will be stowed in the coach's luggage compartments and retrieved at the park for guests to use.

Minimum number of participants required: 40

undefined (English, Italian, Français, German, Spanish)



MSC

EXCURSIONS

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NATURAL WONDERS



BIRDS & NATURE AT THE BOCUARE JUNGLE HAVEN (Code: PLI35)



Duration
7.25 h



Excursion details

This approximately seven-and-a-half-hour excursion takes you to the Bocuare Jungle, where you'll learn about traditional skills and take part in various activities, as well as enjoying lunch at the on-site restaurant. From Limón, there's a transfer of around one hour and 45 minutes to Bocuare, a resort and adventure centre packed with tropical flora and fauna, offering a glimpse of a unique ecosystem. After a brief orientation you'll set off on a roughly 35-minute hike, crossing a hanging bridge over a lagoon as you make your way along the park's bird observation trail. Offering a haven to both resident and migratory birds, Bocuare Jungle is home to many species, so keep a look out as you stroll, although sightings cannot be guaranteed.

Your next stop, for around 30 minutes, is a historic sugar mill, where you'll discover how sugarcane is processed, as well as helping to extract the juice and tasting the final product.

It's then a stroll of around 15 minutes over a hanging bridge to the cacao-producing station. You'll spend approximately 30 minutes here, discovering how raw beans are turned into chocolate and hearing how the cacao is dried, fermented and prepared for export.

Afterwards, it's time for a dip. There's around 15 minutes to make your way to Bocuare's swimming pool and change into swimwear, before enjoying approximately 45 minutes in the water. After your swim, tuck into a traditional-style Costa Rican lunch at Bocuare's restaurant for about 45 minutes, before boarding the bus for an approximately 50-minute journey to a banana plantation.

Bananas play a major role in Costa Rica's economy and history. During your visit, you'll spend around 35 minutes learning about their importance, followed by a stop at the gift shop (time permitting) before returning to the port on a journey of around 35 minutes.

Important Information: Guests with any type of food intolerance are required to communicate it to the Shore Excursions Office at least two days before the call. All participating guests will be required to sign a waiver which may only be available in English. The tour offers guests an opportunity to hike to the heart of the rainforest and swim in a uniquely located swimming pool. Guests are advised that wildlife sightings cannot be guaranteed. Guests are further recommended to wear light clothing, comfortable walking shoes, a hat, high-factor sunscreen, insect repellent, sunglasses as well as to bring a light jacket, rainwear, a camera, binoculars, a towel, and a change of clothes/swimwear to change into. Changing facilities are available for guests wishing to swim in the pool.

Minimum number of participants required: 16
undefined (English, Italian, Français, German, Spanish)

ACTIVE & ADVENTURE



ORIGINAL CANOPY TOUR AT THE VERAGUA RAINFOREST (Code: PLI36)



Duration
4.5 h



Get up-close to some of Costa Rica's natural wonders by zip-lining through the canopy of a tropical rainforest on this excursion of around four and a half hours. Your destination is the Veragua Rainforest and you'll be viewing its abundant nature from multiple zip-lines and observation platforms.

Excursion details

On this excursion of approximately four and a half hours, you'll be getting to know a little piece of the Veragua Rainforest via an exciting form of transport: zip-line. The adventure begins with a transfer drive of around one hour to the Veragua Rainforest eco-adventure venue, where your zip-line canopy tour will take place.

On arrival you'll be fitted with all the necessary equipment and given a briefing from your guide, lasting around 20 minutes. Then get ready to explore the rainforest canopy for approximately one hour and 45 minutes. Your journey takes place across a zip-line network connecting 11 observation platforms, providing expansive views of the tropical scenery all around you.

All sorts of mammals and birds inhabit the rainforest, so keep a close eye on your surroundings as you zoom along the zip-lines, although wildlife sightings cannot be guaranteed.

After the zip-lining action is completed, there's around 25 minutes to take off your equipment and - time permitting - do a spot of shopping at the venue before the drive back to the port, lasting around one hour.

Important Information: guests must be at least 5 years of age and weigh no more than approx. 270 lbs/123 kg to take part in the tour. Guests are recommended to wear comfortable clothes (shorts, long trousers, t-shirt), sunglasses, a hat, high-factor sunscreen, and insect repellent as well as to bring a change of clothes (rain is common), a little cash or credit cards and a camera. Additional beverages are available for purchase at extra cost not covered by the price of the tour. All participating guests will be required to sign a waiver which may only be available in English. The tour is unsuitable for guests with pre-existing cardiac conditions, seizures/epilepsy and conditions affecting balance as well as pregnant women. In deciding whether to join this tour, guests are requested to take their personal level of fitness and medical history into consideration. Guests with pre-existing knee injuries, asthma or other respiratory conditions, diabetes or any other serious medical conditions are requested to exercise caution and if concerned, seek the advice of their doctor before taking part in the tour or engaging in strenuous activity.

Minimum number of participants required: 12
undefined (English, Italian, Français, German, Spanish)



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ACTIVE & ADVENTURE



TORTUGUERO CANALS & VERAGUA RAINFOREST ECO-ADVENTURE (Code: PLI38)



Excursion details

Immerse yourself in some of Costa Rica's natural wonders during this excursion. Over the course of approximately seven and a half hours, you'll go from cruising on a waterway to travelling through the treetops of a rainforest.

Start with a transfer of approximately 30 minutes to the Tortuguero Canals docking area, where you'll board a motorboat for a tour of the canals, lasting about 50 minutes. The canals are sometimes referred to as "the Amazon of Costa Rica" because of their dense vegetation and biodiversity. As you sail, look out for animals and birds, as the area is rich in wildlife (although sightings cannot be guaranteed).

After disembarking the boat, enjoy a snack of fresh fruit for around 15 minutes before setting off to the Veragua Rainforest adventure park, approximately 50 minutes away by coach. Once arrived, you'll spend the first 90 minutes being assigned a guide and receiving an introduction, then exploring the reptile and frog habitats and the butterfly garden. Following this is a walk to the Rainforest Café, where you'll be able to enjoy a buffet lunch and do some souvenir shopping over approximately 45 minutes.

The next stage of the adventure is an approximately 20-minute aerial tram ride, which begins with a short walk to the departure station. You'll then board your open-air tram and glide through the forest canopy, which houses abundant plant life and wildlife, so keep your camera ready.

Once you've disembarked, there's a short bathroom break followed by a nature walk. Spend the next 25 minutes or so following the Trail of the Giants - named after its huge trees, some over 300 years old - or hike to the Puma Waterfall.

After the walk, there's approximately 30 minutes allocated for the return aerial tram ride and visiting the park's research station to learn more about the rainforest. It's then a short walk to return to the park's Welcome Center and board your bus for the drive back to the port, which lasts approximately one hour.

Important Information: The tour order may vary depending on the arrival time and the number of guests at the Venue. Guests with any type of food intolerance are required to communicate it to the Shore Excursions Office at least two days before the call. Guests are recommended to wear comfortable closed walking shoes, light clothing, high-factor sunscreen and a hat/sun visor as well as to bring a camera and rainwear. The tour is unsuitable for pregnant women. Some portions of the roads encountered on the tour may be bumpy and unpaved. Reaching the Puma Waterfall involves using a total of 350 steps (both ways) and walking on an uneven dirt track. This portion of the tour optional and might be considered to be unsuitable for guests with mobility problems; these guests can take the easier river path that does not require any steps. The Veragua Rainforest Eco-Adventure is suitable for guests using a walker, manual wheelchair or a collapsible lightweight electric scooter (100 lbs/45 kg or less). Guests using such mobility aids must be capable of navigating a few steps to get on and off the coach and boat. Wheelchairs or electric scooters will be stowed in the coach's luggage compartments and retrieved at the park for guests to use. The order of stops visited may vary.

Minimum number of participants required: 35
undefined (English, Italian, Français, German, Spanish)

ACTIVE & ADVENTURE



MONSTER BUS & RAINFOREST EXPEDITION (Code: PLI40)



Excursion details

Set off on a sightseeing trip with a difference on this excursion, which lets you view Costa Rica's dramatic landscapes from the windows of a Monster Bus, with stops along the way for photos, a nature stroll and a visit to a village.

After boarding the bus, head off on the first leg of the trip, which lasts approximately one hour and takes you through small towns and roads that run near the Banano River, which is part of the Banano River Basin Protected Zone. After a comfort stop of about 15 minutes, the Monster Bus will travel for about 30 minutes towards the local rainforest.

If weather permits, the bus will stop briefly for complimentary drinks and snacks, after which you'll have around 35 minutes to stroll through the rainforest on a guided walk and take photos. Your guide will point out various flora and fauna around the rainforest (although sightings cannot be guaranteed). You'll also visit a nearby village for around 20 minutes to learn about the local community.

Then return to the Monster Bus for a drive of about 25 minutes to a for a view from the bus of a banana plantation nestled in a small valley. After learning how bananas are grown, it's time for the drive back to the port, which takes approximately 45 minutes.

Important Information: Guests with any type of food intolerance are required to communicate it to the Shore Excursions Office at least two days before the call. Guests are recommended to wear light clothing, comfortable walking shoes, a hat or visor, insect repellent and high-factor sunscreen as well as to bring rainwear in case of inclement weather. Guests will need to be able to climb 8 steps to get in and out of the Monster bus.

Minimum number of participants required: 15
undefined (English, Italian, Français, German, Spanish)

CITY TOUR



SCENIC DRIVE & CARIBBEAN SHOW (Code: PLI41)



Excursion details

Nature and culture combine in this excursion exploring Costa Rica, lasting about two and a half hours. A coach will drive you past plantations before dropping you off at a venue for a Caribbean dance show, and your onboard guide will give you information about sights you pass and local history.

The excursion starts with a scenic drive of around one hour, during which you'll pass through a historic Limón neighbourhood, which you can learn more about from your guide. The bus will also pass Limón Airport, banana and cassava plantations, and the coastline as you head to a venue for a cultural performance.

Boosted by the Tortuguero Canals as your background, you'll enjoy a live show of about 45 minutes (preceded by a comfort break of about 15 minutes), featuring local dancers in colourful dress performing to Caribbean rhythms.

Afterwards you'll have approximately 15 minutes for a snack and - time permitting - souvenir shopping before the bus makes the approximately 30-minute drive back to the port, passing the sands of Playa Bonita and downtown Limón on route.

Important Information: Guests with any type of food intolerance are required to communicate it to the Shore Excursions Office at least two days before the call. Guests are recommended to wear light, comfortable clothing, a hat, insect repellent and high-factor sunscreen. In addition, it is advisable to take a light rain jacket as it may rain in Limón.

Minimum number of participants required: 30
undefined (English, Spanish)

MSC PROTECTOURS



PROTECTOURS: CULTURE & SOUL FOOD IN HISTORICAL PUERTO LIMÓN (Code: PLI43)



See the highlights of Puerto Limón during this approximately four-hour excursion. A combined bus and walking tour, it includes visits to landmarks such as the historical Parque Balvanero Vargas, local food at the former United Fruit Company and souvenir shopping at an artisans' market.

Excursion details

Spend a few hours exploring the delights of Puerto Limón on this bus and walking tour, lasting around four hours.

Meet your guide at the pier and board your bus for a short journey to Parque Balvanero Vargas in downtown Limón. After disembarking, enjoy a guided walk of the peaceful seaside park, named after the governor who oversaw its construction. Continue past the former city hall and along the old jetty for views of Isla Uvita, a small island thought to have been visited by Christopher Columbus for boat repairs on his final voyage in 1502. This section of the tour lasts around one hour in total and ends at Galería del Pasaje Cristal, which showcases local art.

Next, you'll board the bus for a coastal sightseeing drive lasting about 20 minutes. Sit back and enjoy views of the Caribbean Sea on the way to Playa Bonita, where we will make a short stop to take in the sights of the beach. Then, reboard your bus for a short return drive to Puerto Limon town. Arriving at the House of Culture, you'll enjoy a live calypso music and dance performance (with the possibility to join in), offering a glimpse into Limón's vibrant cultural heritage. After the show there's some free time, which can be used for souvenir shopping.

Afterwards, board the bus again for a journey of 20 minutes or so. Arrive at the former United Fruit Company building, a historical landmark associated with Costa Rica's colonial past, where G&E Chocolate Adventure is now based. Here, you'll spend approximately 40 minutes watching local chefs prepare dishes such as rice and beans and plantintá, a kind of plantain turnover, before tasting them.

A short walk then brings you back to the Puerto Limón port terminal, where you'll have approximately 20 minutes to shop for souvenirs at an artisan's market before making the short journey back to the ship on foot, at your own pace.

Important Information: The tour order may vary. Guests with any type of food intolerance are required to communicate it to the Shore Excursions Office at least two days before the call. Guests should be able to walk at least 1.6 km (1 mile) as the tour involves a considerable amount of walking and must be able to do approximately 25 steps up to the United Fruit Company's second floor for the cooking lesson. The tour is not suitable for guests of limited mobility. Guests are recommended to wear comfortable shoes and high-factor sunscreen as well as to bring a hat.

Minimum number of participants required: 12
undefined (English, Spanish)



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NATURAL WONDERS



RAINFOREST SKY WALK (Code: PLI44)



Excursion details

This nature-focused excursion of around three hours and 15 minutes begins with an approximately 30-minute transfer to the venue where your rainforest sky walk takes place. After arriving, there's around 15 minutes for settling in and getting ready, before heading out to begin your adventure, lasting approximately 90 minutes.

You'll make your way to the first of three suspended bridges, each measuring between 16 metres and 60 metres, making for an exciting journey through the greenery. As you cross the bridges and walk through forest trails, you'll be able to observe your surroundings from a prime position and will be able to learn about the area and its rich biodiversity from your guide, who will point out any flora and fauna that may be visible on the day (although please note that sightings cannot be guaranteed).

During the course of your journey, you'll also view several plantations growing crops such as coffee, cacao and sugar cane, again learning about them from your guide and hearing about the role they play in the local economy.

After returning to the venue, there's around 30 minutes to relax and sample some traditional Costa Rican snacks before the transfer back to the port, lasting approximately 30 minutes.

Important Information: Guests with any type of food intolerance are required to communicate it to the Shore Excursions Office at least two days before the call. Wildlife sightings are not guaranteed. It is advised that guests do not feed or touch any wild animal or use flash photography when photographing them. This tour is suitable for guests who are in good physical condition and are not afraid of high altitudes. It is recommended that guests wear light clothing, comfortable walking shoes, a hat, sunscreen and insect repellent. It is suggested that guests bring a camera, binoculars, a rain poncho and an umbrella.

Minimum number of participants required: 35
undefined (English, Spanish)

SEA & SUN



MANZANILLO NATURE & BEACH EXCURSION (Code: PLI46)



Excursion details

Enjoy both time on the beach and urban delights on this excursion, which lasts around seven hours. Your first destination, reached after a 75-minute transfer from the pier, is the Almonds & Corals Boutique Hotel. This impressive venue is nestled in the rainforest, but opens out onto a sandy beach, which you'll be able to enjoy during approximately three hours of free time.

Take a dip in the Caribbean Sea, top up your tan on the sands and admire the backdrop of tropical greenery, perhaps by taking a short hike. Fresh fruit and cold water will be available from the hotel during your time on the beach. One beach mat and one towel per person is included too.

Afterwards, there's a transfer of 15 minutes or so to Puerto Viejo, an atmospheric coastal town. You'll have around one hour of free time here, which you could use to browse some of the craft shops for local art or find a restaurant for lunch (at guests' expense). Alternatively, you could explore a little or head to one of the town's small beaches.

Finally, a transfer drive of around 75 minutes returns guests to the port, concluding the excursion.

Important Information: There are lifeguards available at the beach, therefore, swimming is at your own risk. Guests are advised to be cautious of rip currents, strong winds, and waves. Guests are not permitted to swim under the influence of alcohol. Children under the age of 12 must be always accompanied and supervised by a paying adult. Guests must cooperate in keeping the area clean by proper disposal. Nude or topless sunbathing is prohibited. The hotel is not responsible for lost belongings or items left unattended. It is recommended that guests bring a towel, swimsuit, sunscreen, sunglasses, and insect repellent.

Minimum number of participants required: 40
undefined (English, Spanish)

SCENIC ROUTE



TORTUGUERO CANALS, BANANA PLANTATION, AND RAINFOREST WALKS (Code: PLI48)



Excursion details

Often referred to as the 'Amazon of Costa Rica', the Tortuguero Canals are a labyrinth of natural and human-made waterways. This excursion, lasting around three and a half hours, takes guests into the heart of the area on a canal boat, before dropping by a banana plantation.

Your adventure starts with a bus ride of around 30 minutes from Puerto Limón to a private pier. After a quick welcome, it's time for a stroll of approximately 30 minutes along cemented walkways in a rainforest to take in the area's impressive natural scenery and potentially any wildlife that may be visible, although sightings cannot be guaranteed.

After a brief moment to board a boat and enjoy a snack of fruit, sail off for a visit of the Tortuguero Canals, known for their rich biodiversity. The canal cruise lasts about 45 minutes, after which you'll hop back on the bus for the approximately 25-minute ride to a banana plantation.

Following a short time for arrival and settling in, you'll spend around 35 minutes learning about banana-growing operations in Limón province, home to approximately 80% of Costa Rica's banana plantations. The time also includes the chance to browse for souvenirs at the end of the visit. An approximately 15-minute bus ride then takes you back to the port.

Important Information: It is recommended that guests bring a light jacket and wear comfortable walking shoes. Guests must be at least 8 years old to participate.

Minimum number of participants required: 30
undefined (English, Spanish)

ACTIVE & ADVENTURE



REVENTAZON WHITE WATER RAFTING, CLASS I & II (Code: PLI49)



Excursion details

Enjoy a fun and active day of white-water rafting during this approximately six-and-a-half-hour excursion. Your journey begins with an approximately 90-minute drive to Siquirres, where you'll stop for around 25 minutes before continuing for 15 minutes or so to the launch site.

A full safety briefing begins your roughly two-hour rafting adventure. The El Carmen stretch of the river features mostly class II rapids, which are gentle enough for beginners, families, and active seniors but still exciting enough to feel adventurous. Surrounded by jungle scenery, the river gradually eases as it flows towards the Caribbean Lowlands, where you can take in views from the water.

Once off the river, an approximately 20-minute transfer brings you back to the welcome centre where a local snack awaits. You'll then have around half an hour to freshen up, browse for souvenirs and enjoy something to eat from a light buffet. The roughly 90-minute drive back to the ship is then a chance to rest and recharge.

Important Information: Guests must be at least 12 years old to participate, be in good physical condition, and know how to swim. Wildlife sightings are not guaranteed. Tour sequences may vary. Guests will be required to sign a waiver, which may only be available in English. The minimum weight to participate is 99 lbs., maximum weight to participate is 235 lbs. It is recommended that guests wear light clothing with a bathing suit underneath, and bring a towel, dry clothing, water shoes, hat or visor, sunglasses, sunscreen, insect repellent, camera, and binoculars. Rain poncho is suggested. The transfer to and from the river takes approximately 1 hour and 30 minutes each way.

Minimum number of participants required: 35
undefined (English)

SCENIC ROUTE



Costa Rican Crops, Flavors, and Traditions (Code: PLI50)



Excursion details

This excursion of about three and a half hours immerses you in Costa Rica's agricultural traditions and cultural heritage at a local farm, as well as offering the chance to meet a few local animals. Your journey begins with a roughly 45-minute drive to a local farm. After a comfort break of around 15 minutes, you'll head out to explore the fields, where coffee, cacao, banana and pineapple are cultivated. Over the course of about half an hour, you'll discover how these crops are grown and processed.

Next, you'll visit a traditional sugar mill, or trapiche, typically featuring a mechanical press. You'll spend about 15 minutes here, learning how sugar cane is transformed into sweet treats, with the chance to taste fresh cane juice.

A highlight of the excursion follows: around 25 minutes spent meeting the farm's friendly animals, which might include Ankole-Watusi cattle, miniature cows and donkeys, plus other species. The experience concludes with a roughly 20-minute equestrian show, featuring local horse breeds.

You'll then have about 20 minutes to savour some fresh fruit and browse the gift shop, where sweets, coffee, chocolate and local crafts are available. From here, it's an approximately 40-minute drive back to the pier.

Important Information: it is recommended that guests wear light clothing, comfortable walking shoes, and bring a hat or visor, sunglasses, sunscreen, insect repellent, camera, binoculars. Guests must be at least 4 years old to participate.

Minimum number of participants required: 35

undefined (English)

SCENIC ROUTE



HISTORIC JUNGLE TRAIN RIDE & BANANA PLANTATION TOUR (Code: PLI51)



Excursion details

Discover the natural beauty of Puerto Limón on this tour of around three hours and 45 minutes, which includes a ride on a historic open-air train and a visit to a banana plantation.

During your approximately 30-minute outward journey, you'll learn more about how the banana industry shaped the region's identity. At Miramar, after a short time to embark, you'll set off on an open-air train, first launched to transport coffee and later bananas to the European markets.

Lasting around one hour, the train ride will allow you to take in views of tropical forests, plantations and rural towns as you travel through the Costa Rican countryside. You'll stop at Saborío to board a bus for an approximately 50-minute journey to the banana plantation.

After arrival, there's around 35 minutes to learn how this all-important Costa Rican crop is grown and harvested, plus a chance to browse the plantation's souvenir shop for local products and gifts. It's then a drive of around 30 minutes back to the port.

Important Information: Please note: Tour sequence may vary. It is recommended that guests wear light clothing and comfortable shoes. It is also recommended that guests bring sunscreen, cash or credit cards for any additional purchases, and insect repellent. The spotting of wildlife is not guaranteed.

Minimum number of participants required: 40

undefined (English)



MSC

EXCURSIONS

Discoveries designed for you

SOMETHING SPECIAL



COSTA RICA'S AMAZON, COCOA SHOW, AND CHOCOLATE MAKING (Code: PLI52)



Over the course of around four hours, enjoy a sweet taste of Costa Rica's nature and culture. The tour includes a boat journey through the canals of the immense Tortuguero National Park, plus an entertaining chocolate show and tasting.

Excursion details

Both nature enthusiasts and those with a sweet tooth will find plenty to enjoy in this approximately four-hour excursion. The journey begins with a roughly 25-minute drive along Costa Rica's Caribbean coast, bringing you to the edge of Tortuguero National Park. Measuring almost 77,000 hectares, this vast, protected reserve is known for its maze of canals, dense rainforest and incredible biodiversity.

After around 15 minutes of boarding onto your gentle flatbottom boat, you'll set off on an approximately 90-minute cruise through the canals. With the help of your guide, look out for all kinds of wildlife that might be spotted on the riverbanks or hidden among orchids and towering palms. Orchids, water lilies, crocodiles, spider monkeys, manatees and otters all reside here, although please note that wildlife sightings can't be guaranteed.

There's then a short time to disembark the boat, before 15 minutes to freshen up and enjoy tropical fruit snack. Next, immerse yourself in the sweeter side of the rainforest with an approximately 40-minute chocolate-making workshop led by an entertaining local artisan and set in a tropical garden.

The expert will show you the process that turns cacao into cocoa and rich chocolate, while sharing stories of how the plant was once used as medicine and even currency. Sample the end product for yourself, then spend around 15 minutes browsing the onsite shop for treats. A roughly 30-minute transfer then returns to the ship.

Important Information: Tour sequence may vary. It is recommended that guests wear light clothing and comfortable shoes. It is also recommended that guests bring sunscreen, cash or credit cards for any additional purchases, and insect repellent. The spotting of wildlife is not guaranteed.

Minimum number of participants required: 20

undefined (English)

SOMETHING SPECIAL



JOURNEY ACROSS COSTA RICA - DOUBLE ACCOMODATION (Code: PLI53)



Discover the natural beauty, warm hospitality, and rich culture of Costa Rica on this unforgettable cruise land extension. This 4-day program is designed to immerse you in the natural wonders and rich culture of Costa Rica, creating unforgettable memories from the moment you arrive. Starting on the vibrant Caribbean coast, you'll glide along the enchanting Tortuguero Canals, surrounded by lush rainforest and exotic wildlife. Your journey continues to the iconic Arenal Volcano area, where adventure and relaxation come together. Explore lava trails and the cloud-kissed canopy on the Sky Tram and Hanging Bridges, unwind in thermal pools with spectacular volcano views, and savor Costa Rica's flavors with a hands-on coffee and chocolate experience. Along the way, connect with local traditions, from a heart of palm visit to a colorful cultural show—while enjoying delicious meals in carefully selected restaurants and the comfort of a charming eco-resort. The trip concludes with a scenic transfer to Puntarenas, enriched by cultural encounters and local discoveries, perfectly rounding out an itinerary that balances adventure, relaxation, and authentic Costa Rican experiences. To view the detailed itinerary, click [here](#).

Please note: This tour is an overland program between Puerto Limon and Puntarenas. It includes transportation, three breakfasts, four lunches and three dinners. Guests will leave the ship in Puerto Limon on January 23rd in the morning and reembarc in Puntarenas on January 26th in the afternoon. Guests must have a passport valid for at least six months in order to enter Costa Rica. Some nationalities do require a visa to enter Costa Rica, it is the guests responsibility to verify in advance, obtain a visa if needed and show proof accordingly. For travelers from countries with risk of yellow fever transmission, proof of yellow fever vaccine (original booklet) is required. MSC is not responsible for passports, visas, or vaccines - guests must verify requirements with authorities. Guests must check directly with the relevant authorities and/or Consulates regarding the necessary travel documentation for embarkation and disembarkation at ports of call. Any cost for obtaining visas is at Guests' expense. Light clothing and comfortable shoes are recommended. This tour is conducted in English only. The code PLI53 must be reserved by couples only and must be added to each guest's booking (2 adults or 1 adult and 1 child; in this case the child's price is the same as an adult's). The code PLI53SGL must be reserved by those wishing a single accommodation only. Triple or family rooms on request, subject to availability and to supplement. By booking this tour, guests acknowledge the detailed itinerary with all notes and booking information. All Guests are asked to contact MSC at overlandtours.worldcruise2026@msccruises.com soon after booking this excursion and provide signed itinerary and required documents (their full name as written in the passport, passport number, date of birth (in month, day, year format), nationality, copy of visa and passport), booking number, overland tour title and code no later than November 17th 2025 in order to book hotel rooms. This is also the deadline to book this tour. Use the same email for cancellations and info on cancellation fees; otherwise, full charges apply. Schedules and hotels are subject to change without any notification.

Minimum number of participants required: 8

undefined (English)



MSC

EXCURSIONS

Discoveries designed for you

SOMETHING SPECIAL



JOURNEY ACROSS COSTA RICA - SINGLE ACCOMODATION (Code: PLI53SGL)

Duration 96 h

Discover the natural beauty, warm hospitality, and rich culture of Costa Rica on this unforgettable cruise land extension. This 4-day program is designed to immerse you in the natural wonders and rich culture of Costa Rica, creating unforgettable memories from the moment you arrive. Starting on the vibrant Caribbean coast, you'll glide along the enchanting Tortuguero Canals, surrounded by lush rainforest and exotic wildlife. Your journey continues to the iconic Arenal Volcano area, where adventure and relaxation come together. Explore lava trails and the cloud-kissed canopy on the Sky Tram and Hanging Bridges, unwind in thermal pools with spectacular volcano views, and savor Costa Rica's flavors with a hands-on coffee and chocolate experience. Along the way, connect with local traditions, from a heart of palm visit to a colorful cultural show—while enjoying delicious meals in carefully selected restaurants and the comfort of a charming eco-resort. The trip concludes with a scenic transfer to Puntarenas, enriched by cultural encounters and local discoveries, perfectly rounding out an itinerary that balances adventure, relaxation, and authentic Costa Rican experiences. To view the detailed itinerary, [click here](#).

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Minimum number of participants required: 8
undefined (English)

Key to symbols

Best rated	Lunch or dinner included
Best seller	Drink included
Shopping	Snack included
Multilanguage tour	Limited seats
Possibility of swimming	English Only Tour
Tasting included	No guide available

DIFFICULTY LEVEL

Easy
May involve a limited quantity of steps, uneven surfaces and/or periods of standing.

Moderate
May involve inclines, steps, uneven surfaces and/or extended periods of standing.

Strenuous
Active excursions recommended only for guests in good physical health.

Shooting videos and/or taking pictures is not allowed or subject to fee

Wheelchair and disabled friendly tour

Wheelchair guests must be accompanied by their own helper to get on/off the coach. Wheelchairs must be foldable as coaches do not have ramps or lifts. Once on board, please contact the MSC Excursions desk staff promptly so they can help make arrangements.

Please check your ticket for meeting time and location. There will be no announcements to remind you of departure times or meeting points.

OUR EXCURSION CATEGORIES

ACTIVE & ADVENTURE	Thrill seekers can find adventures for sports and fun. Trekking, snorkeling kayak tours and 4x4 vehicles.
CITY TOUR	The easiest way to explore the city center and local scenery. A guided tour with a comfortable coach ride.



MSC

EXCURSIONS

Discoveries designed for you

CULTURE AND HISTORY	Learn the destinations history and culture with visits to must-see locations and guided tours.
NATURAL WONDERS	Immerse yourself in spectacular scenery and discover the fascinating flora and fauna of your destination.
SCENIC ROUTE	Take in the destinations best views and main points of interest in total comfort, with a scenic coach tour.
SEA & SUN	Treat yourself to pure relaxation, on a beautiful beach or enjoying the stunning views on a scenic boat ride.
SOMETHING SPECIAL	Unique experiences from gastronomic tours and guided shopping trips to religious visits. Explore your passion.
FAMILY FUN	Take your children on a journey of discovery designed for families and kids.
PROTECTOURS	Experience the world in a sustainable way to preserve its beauty for generations to come.
MSC BIKE ADVENTURES	Explore from the unique vantage point of an MSC Bicycle. A truly immersive guided tour of the destination.

Some excursions are very popular and therefore availability cannot always be guaranteed. We recommend booking in advance the tours you are interested in.

The availability of language guides (ENG-ITA-GER-FRE-SPA-POR) varies depending on the destination. At the time of booking, you will be able to select your preferred language from the available options. The language in which each excursion will be conducted will be confirmed on board during the cruise.