



MSC

EXCURSIONS

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Destination **CARIBBEAN & ANTILLES**

Itinerary **Miami, Montego Bay, Cartagena, Colon, Puerto Limon, Isla de Roatan, Belize City, Miami**

Ship **MSC POESIA**

Departure port **Miami, United States**

Departure date **3 January 2027**

Arrival date **14 January 2027**

Duration **11**

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Montego Bay, Jamaica

Tuesday 5 January 2027

**MTB11 - OCHO RIOS AND DUNN 'S RIVER FALLS**

English

Experience Dunn 's River Falls, one of Jamaica 's natural wonders, on this excursion of approximately seven hours. You 'll be able to climb the falls with a guide or relax at the base of the cascades. Lunch at a restaurant is included. Excursion Details Scale a series of waterfalls on this outdoorsy excursion to one of Jamaica 's unmissable natural attractions. You 'll begin by departing from the pier on a sightseeing drive lasting around one hour and 45 minutes, before arriving at Dunn 's River Falls. The falls flow into the Caribbean Sea, but before they do you can experience them in different ways, with around two and a half hours at the site. You can either join a guided climb of the falls (which are 55 metres high and 183 metres long) and make your way up as part of a group, wading through the waters and, at one point, letting the cascades flow over you, or you can choose to watch others climb from the decks alongside the falls. If you decide to remain at the bottom of the falls, you can take a stroll around the site and enjoy the area 's array of plant life. Afterwards, you 'll make the approximately 30-minute drive to a restaurant for a traditional-style Jamaican lunch lasting around an hour. The return transfer to the ship takes around 75 minutes. Important Information: the transfer to reach Ocho Rios takes approx. 1 hour and 30 minutes. Estimated time spent at Dunn 's River Falls: 2 hours and 30 minutes. Falls Climb is not accessible to guests using a wheelchair due to uneven and rocky terrain. Pregnant women are not permitted to participate on this tour. The falls have two entry / exit points: one at the bottom of the falls and another midway, at the whirlpool area, prior to reaching the top. If at one point, guests don 't want to continue climbing the falls, depending on where the climbing started, they may be able to exit earlier and wait for the rest of the group. Do not forget to wear swimsuit and to bring sun protection and towel. Guests wishing to climb the falls must be at least 92 cm/3 ft. in height. It is both strenuous and very slippery to climb the Dunn 's River Falls. For safety reasons, we recommend wearing water shoes before entering Dune River Falls; shoes are available on the spot and can be purchased at your own expenses. Lockers available on the spot at additional cost. Guests shall sign a waiver that will be available only in English.

Adult: € 102.00**Child: € 71.00 .****MTB12 - ROSE HALL GREAT HOUSE CITY HIGHLIGHTS**

English

Spend approximately three and a half hours spellbound during this excursion to Rose Hall Great House, where you 'll learn about its legendary former resident and witch, Annie Palmer. The itinerary also includes a visit to Main Street Rose Hall for some duty-free shopping. Excursion Details Explore history, hexes and much more on this excursion to Rose Hall Great House, lasting around three and a half hours, followed by shopping time at Main Street Rose Hall. Board your bus at the port and enjoy a scenic drive past the Westgate Hills neighbourhood (formerly a sugar plantation), as well as the city 's main thoroughfare and historic landmarks. After around 30 minutes, you 'll arrive at Rose Hall Great House, a restored 18th-century estate and plantation that was once home to a sorceress named Annie Palmer. Your guide will serve a complimentary drink, named 'Witches Brew'after the house 's infamous former mistress who, according to legend, murdered her three husbands and others. Set off on a guided tour of the Great House, lasting around 60 minutes. You 'll learn all about the grand house 's history and hear chilling stories of love, death and hauntings from a guide. Next is a visit to Main Street Rose Hall, a duty-free shopping centre where you can find Jamaican food and rum, art, clothing and more. You 'll arrive after a short bus transfer before enjoying approximately one hour of free time, which could be spent shopping or enjoying something from the food stall and rum shacks. A transfer of about 30 minutes then returns to the port, driving past the attractive Ironshore neighbourhood and the vibrant Hip Strip district on the way.

Adult: € 79.00**Child: € 56.00 .**

**MTB23 - BOBSLED JAMAICA & DUNN'S RIVER FALLS AND RAGGA RIDE**

English

An approximately 1.5-hour coach transfer begins the tour, taking you to Ocho Rios and Dunn's River Falls. After a guided walk up the cascade of Dunn's River Falls, you'll move on by coach to Mystic Mountain for a 700 ft./210 m chairlift ride through the jungle canopy. At the summit, you'll have a little time to check out the informative exhibits before getting briefed on the Bobsled Jamaica adventure that follows. Once you're seated in your bobsled, hold on tight for a whirlwind trip down 3,280 ft of mountainous twists and turns until you come to a controlled stop at the end. Then it's back to aerial views as you travel back to the top on an elevated tramway to get ready for another adventure on the Ragga Ride. You'll reach the top and go boldly flying down the mountain on the overhead track high above Ocho Rios, veering through 14 turns, swinging out over hanging cliffs. This gravity-assisted thrilling speed ride has four automatic braking zones so you can catch your breath to take in the epic panoramic views of the Caribbean Sea. When you are done, you'll enjoy some lunch before the chairlift takes you back down, where your coach will be waiting to return you to Falmouth and your ship. Guests must be at least 4 years old to participate on the Bobsled and 6 years old to participate on the Raggamuffin. Please note: Guests will be required to sign a waiver which may only be available in English. The order of the tour may be reversed. Slip-proof or water shoes should be worn since climbing the falls' many terraced steps is both strenuous and very slippery. Water shoes are available for purchase at guests expenses during the tour. Guests wishing to climb the falls must be at least 92 cm/3 ft. in height. Guests will not be permitted to jump from the falls. Guests who are pregnant or suffer from pre-existing neck, back, heart, or respiratory problems will not be able to participate on this tour. Likewise this tour is not recommended for anyone with walking or knee problems. The falls have two entry / exit points: one at the bottom of the falls and another midway, at the whirlpool area, prior to reaching the top. If at one point, guests don't want to continue climbing the falls, depending on where the climbing started, they may be able to exit earlier and wait for the rest of the group. There may be queues to climb the falls or at Mystic Mountain. Guests must be at least 47" tall and 6 years old to participate on the Raggamuffin. The maximum weight for the Raggamuffin is 370 lbs per gondola. Guests must be at least 46" tall and 4 years old to participate on the Bobsled. The maximum weight for the Bobsled is 330 lbs per sled. It is recommended that guests bring a bathing suit, towel, and cash/credit cards for food or beverage purchases at Mystic Mountain. The ride to and from Ocho Rios takes approximately 1.5 hour each way.

Adult: € 157.00**Child: € 109.00 .****MTB27 - NEGRIL BEACH EXPERIENCE & RICK 'S CAFÉ CLIFF DIVERS**

English

Get to know buzzy and beautiful Negril, Jamaica 's westernmost town, on this excursion of around six and a half hours, which also features a sightseeing drive beforehand. Once at Negril, you 'll enjoy lunch at a restaurant and have free time to explore the beach and nearby. There 's also a visit to Rick 's Café, a popular venue known for its clifftop views. Excursion Details Perched out on Jamaica 's far westerly tip, the town of Negril is known for its famous sandy stretch - Seven Mile Beach - and relaxed atmosphere, which you 'll come to appreciate on this approximately six-and-a-half-hour excursion. A sightseeing drive of around 75 minutes starts the excursion, travelling along the island 's northwestern coast. You 'll pass through picturesque towns and villages including Hopewell and its famous Round Hill Hotel & Villas, which can boast a long list of celebrity guests over the years, including Grace Kelly, Paul McCartney, John F. Kennedy, Prince Harry and Meghan Markle.You 'll also pass through Lucea, full of historic buildings and a clock tower dating back to the 1840s, and Green Island, named after the swathes of thick, green vegetation that characterise its landscape. The scenic drive ends at Margaritaville, a beachside restaurant and entertainment venue in Negril, signalling approximately three hours of free time, including lunch. After you 've eaten, use the remaining time however you like, perhaps enjoying the venue 's facilities, such as a water trampoline and beach chairs, or you could always take a dip in the sea and lounge on Negril 's soft, white sands. Afterwards, there 's a short drive to Rick 's Café, a locally loved and long-standing spot offering far-reaching vistas across the Caribbean Sea, as well as views of those who are brave enough to try 'cliff jumping'from the nearby rocks. You 'll spend around 45 minutes at Rick 's Café before the approximately 90-minute transfer drive back to the port. Important Information: the beach is equipped with beach chairs and sun umbrellas; they are not included in the excursion price and are available on a first-come-first-served basis. This tour includes a total of approximately 3 hours of transfers roundtrip. Guests shall sign a waiver that will be available only in English.

Adult: € 75.00**Child: € 52.00 .**



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MTB40 - DOLPHIN SWIM & DOCTOR'S CAVE BEACH



English

Excursion details This aquatic-focused excursion of approximately five hours starts with a drive of around 30 minutes, travelling along the Jamaican coastline to Dolphin Cove, which houses a natural lagoon. Beginning with a short orientation talk, you'll spend the next two hours observing dolphins and even wading into the water to interact with them. There'll be some free time after the encounter to browse the venue for souvenirs. Next is an approximately 45-minute drive to one of Montego Bay's most famous sandy stretches: Doctor's Cave Beach. The beach gets its name from Dr Alexander James McCatty who, in the early 20th century, founded a bathing club frequented by other medical professionals. You'll have approximately 90 minutes to relax and swim at Doctor's Cave Beach, before a transfer drive of around 15 minutes returns to the ship. Important Information: Guests will be required to wash their hands before and after the animal interaction. For the dolphin interaction program, the minimum height to participate is 48 inches. Guests 55 inches tall and under 18 years old must be accompanied by a paying adult or legal guardian. Guests with a height greater than 56 inches can participate without any accompaniment. Guests will be required to sign a waiver which may only be available in English. Children under 18 years of age must have their waiver signed by a paying adult. Guests are recommended to wear their swimsuit under light, comfortable clothing and wear comfortable shoes. Guests should bring a change of clothes, towel, sun protection and cash for additional purchases. Jewellery and other valuables should be left on board the ship. Cameras are permitted on property, however no filming or picture taking will be allowed in the Dolphin Area. Pictures can be taken from the observation areas Those who are pregnant or have pre-existing back, neck, respiratory or cardiovascular conditions will not be able to participate on this tour. The order of the tour may be done in reverse. Food, drink and beach chair rentals are available at an additional cost. As a special benefit for MSC Cruises guests, a "Dolphin Dollars" voucher offering a \$10.00 USD discount on the purchase of photo packages is available at Dolphin Cove Caribbean destinations. The voucher has no monetary value if not used. Restrictions apply: valid only for single or couple (2 people) photo packages and non-cumulative. The discount applies to photo packages only (not for 1 single photo) and cannot be combined with other promotions. Guests must present their Cruise Card or bracelet that identifies them as MSC guests in order to redeem this offer. The maximum age to participate is 70 years old.

Adult: € 144.00

Child: € 101.00 .

Age restrictions: participants must be younger than 70

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**MTB41 - DOLPHIN ENCOUNTER & DOCTOR'S CAVE BEACH**

English

This approximately five-hour excursion sees guests splash around with bottlenose dolphins at Dolphin Cove, before a relaxing visit to Doctor's Cave Beach. The itinerary also includes time for souvenir shopping. Excursion details Meet majestic marine mammals and then visit their natural habitat during this approximately five-hour excursion. Following an approximately 30-minute bus transfer from the port - during which your guide will point out interesting landmarks - arrive at Dolphin Cove, a seafront attraction where visitors can interact with dolphins, stingrays and other wildlife. You'll spend around two hours here, beginning with a brief orientation, after which you'll head to the natural water lagoon for the dolphin encounter. Enter the water and stand on a submerged platform, where you'll be able to observe and interact with these beautiful creatures while learning about them from an experienced trainer. Once out of the water and dry, there'll be an opportunity to visit the gift shop to browse for souvenirs, before boarding the bus for the approximately 45-minute journey to Doctor's Cave Beach. The beach acquired its name as it was initially used by doctors and other medical professionals in the early 20th century, after Dr. Alexander James McCatty transformed his beachside property into a bathing club. McCatty and his friends would enter the beach via a small cave, thus providing the current name. Located near the island's lively Hip Strip district, this beach is known for its white-sand shoreline and its waters, which keep a year-round warm temperature and are fed by mineral springs. Sunbathe, swim and relax during approximately 90 minutes of free time here, before a transfer of around 15 minutes returns to the ship. Important Information: Guests will be required to wash their hands before and after the animal interaction. For the dolphin interaction program, guests 55 inches tall and under 18 years old must be accompanied by a paying adult or legal guardian. Guests with a height greater than 56 inches can participate without any accompaniment. Guests will be required to sign a waiver which may only be available in English. Children under 18 years of age must have their waiver signed by a paying adult. Guests are recommended to wear their swimsuit under light, comfortable clothing and wear comfortable shoes. Guests should bring a change of clothes, towel, sun protection and cash for additional purchases. Jewellery and other valuables should be left on board the ship. Cameras are permitted on property, however no filming or picture taking will be allowed in the Dolphin Area. Pictures can be taken from the observation areas. The order of the tour may be done in reverse. Food, drink and beach chair rentals are available at an additional cost. Guests who are over 5 months pregnant, or have pre-existing neck, back, heart, or respiratory problems will not be able to participate on this tour. Jewellery and other valuables should be left on board the ship. As a special benefit for MSC Cruises guests, a "Dolphin Dollars" voucher offering a \$10.00 USD discount on the purchase of photo packages is available at Dolphin Cove Caribbean destinations. The voucher has no monetary value if not used. Restrictions apply: valid only for single or couple (2 people) photo packages and non-cumulative. The discount applies to photo packages only (not for 1 single photo) and cannot be combined with other promotions. Guests must present their Cruise Card or bracelet that identifies them as MSC guests in order to redeem this offer.

Adult: € 102.00**Child: € 71.00 .**



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MTB44 - DUNN 'S RIVER FALLS EXPRESS



English

Climb a locally famous series of waterfalls on this excursion of around six hours, which is a great opportunity to get closer to some of Jamaica 's landscapes. A guide will lead you up past the tumbling cascades of the falls, while those who prefer a more relaxed setting can watch the action from down below. Excursion Details Set near Jamaica 's northern coast, the 55-metre-high and 182-metre-long Dunn 's River Falls is a striking natural site and a haven for outdoor adventurers, who 'll get to ascend the falls during this excursion of approximately six hours. A scenic drive of around two hours transfers you to the falls, passing through picturesque countryside on the way. After arriving, you 'll have around two hours to explore the site. Those who choose to can join a guided hike, where an experienced guide leads guests up along a trail, through stretches of water and past rocks, via a natural pool where guests can stand under the cascades of the falls and enjoy the feeling of the water tumbling over them, perhaps even helping to soothe those tired muscles. If you 'd rather not make the climb, you 're free to stay on the terrace alongside the waterfall and view others embarking on the hike. Alternatively, you can explore the site independently during the two hours of free time, roaming through the greenery and admiring the tropical flora. Afterwards, the return transfer to the port lasts around two hours, concluding the excursion. Important Information: It is both strenuous and very slippery to climb the Dunn 's River Falls, swimwear and non-skid shoes should be worn. Bring towel, sunscreen, hat and/or sunglasses, camera, spending money or credit card. Guests should wear swimsuit under cover-up. Dunn 's River Falls is not available for pregnant women or anyone with heart, neck, back, walking or knee problems. Minimum height to climb the falls is 3 feet. The transfer to and from Dunn 's River Falls takes approximately 2 hours each way. Total time approximately spent at the park: 4 hours. The falls have two entry / exit points: one at the bottom of the falls and another midway, at the whirlpool area, prior to reaching the top. If at one point, guests don 't want to continue climbing the falls, depending on where the climbing started, they may be able to exit earlier and wait for the rest of the group.

Adult: € 85.00

Child: € 59.00 .



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Legend

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